



# OPEN M

A Ministry of Faith, Health and Hope

FEBRUARY 2012

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## 2012 Walk for Kids – Family picnic fun!



OPEN M's annual Walk for Kids is taking on a new look this year. As 2012 has arrived, OPEN M's focus is to promote healthy well-being physically, emotionally and spiritually. We feel that family time is one of the most important things you can do. Spend time together, enjoy and learn from each other. Have you ever heard that laughter can heal? It is a known fact that laughter sets off a chain reaction throughout the body that promotes physical and psychological health.

This year's Walk for Kids is to promote family togetherness and healthy bodies. As OPEN M grows, we are starting new programs in our education department. We need your help to be able to reach the children in the community and make sure they are getting family time and everything they need to be healthy.

We are taking the Walk for Kids to the park! A park is a great place to spend time with family, friends and have a good time. All winter long we are stuck indoors. This year on Saturday, May 5, 2012, let us enjoy some good old-fashioned quality time together.

Registration starts at 11 and the walk will begin at noon at the Heritage Barn at Silver Springs Park in Stow. This location offers a variety of family fun so you can make a whole day out of the event!

We will be taking a mile walk through the metro parks from one side of the park to the other. You will have a chance to continue on the path and see how far you can get! Really, reach that goal of a healthy body and enjoy one of the many trails in the area. If you prefer spending time with a "man's best friend," you are in luck! There is a "Dog Park" located at the end of the walk, where you and your best friend can have



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OPEN M is located at,  
941 Princeton Street in Akron, Ohio.  
(330) 434-0110 FAX: (330) 434-6661  
[www.openm.org](http://www.openm.org)

some fun. This is not just an ordinary dog park. This includes a 3-acre lake that your dog can run free and swim in, a bathing station, and an obstacle course. Silver Springs Park also features:

- **a playground for all ages!**
- **places to have a picnic**
- **a lake for catch and release fishing (bring your own equipment)**
- **a basketball area**
- **camp grounds**
- **unlimited bike/hike trail for extra exercise and more!**

The Walk for Kids is a free event; however, this event is a fundraiser, and, as such, we ask that each walker try to raise \$100! We are turning to you to help us help our community. The kids are the future, and we need to invest in them now, and they will show us their true potential. Stay up-to-date with new information on the Walk for Kids by visiting our website at [www.openm.org](http://www.openm.org).

## Volunteer Opportunities Abound at OPEN M

- A pantry volunteer is needed on Tuesdays from 9 a.m. to 2 p.m. to help stock pantry shelves, bag items, answer the phone, customer service, meet the needs of our clients in relation to our food pantry.
- We need groups to purchase, prepare and serve a Tuesday-night meal to 50-60 Getting Ahead graduates.
- Can you help serve on an event committee? We need volunteers to help plan, give advice and execute our Walk for Kids event in May. Contact Tiffany at [Projects@openm.org](mailto:Projects@openm.org) if you are interested.
- We need volunteers for our Bridges out of Poverty Program. There are many opportunities in this program to give back to the community, from mentoring, speaking about your career, cooking a meal or more!
- Looking for a volunteer opportunity where you can interact with our clients? We are looking for a volunteer receptionist in our lobby. You would be the first line of communication between OPEN M and our clients and supporters. This opportunity is needed through the weekday during daytime hours. Interested in hearing more? Contact Lamont at [Operations@openm.org](mailto:Operations@openm.org).
- Mountain of Food volunteer. This is a great position for a one-time volunteer who really wants to interact with our clients and see the need. This event happens the



3rd Friday of every month excluding December. We need volunteers from 7 a.m. - 11 a.m. to help bag food and hand it out to those who come through our doors.

- Want to get involved with our children's programs? We are always looking for women and men to help mentor to our young adults. We are always looking for speakers and other opportunities to interact with those in the community through service.

**Interested in any of these opportunities or want to hear more? Contact Angel Favaro, at 330-434-0110, Ext. 402 or e-mail her at [resources@openm.org](mailto:resources@openm.org).**

## Hot Lunch Headlines

### February/March

Mon. Feb. 13 Hudson UMC	Wed. Feb. 22 Sigma Theta Tau	Mon. Mar. 19 Hudson UMC	Wed. Mar. 28 First Congregational Church Hudson
Tues. Feb. 14 Open	Thurs. Feb. 23 First UMC Cuyahoga Falls	Tues. Mar. 20 Fairlawn Lutheran	Thurs. Mar. 29 Green Valley
Wed. Feb. 15 Church of our Savior	Fri. Feb. 24 Angela Ely Group	Wed. Mar. 21 Grace UCC	Fri. Mar. 30 Montrose Zion
Thurs. Feb. 16 Twin Falls UMC	Mon. Feb. 27 High Street Christian Church	Thurs. Mar. 22 Twin Falls	
Fri. Feb. 17 Macedonia UMC	Tues. Feb. 28 Christ Church Episcopal	Fri. Mar. 23 Macedonia	
Mon. Feb. 20 The Chapel	Wed. Feb. 29 First Congregational Church, Hudson	Mon. Mar. 26 Manchester UMC	
Tues. Feb. 21 Bob Britt Group		Tues. Mar. 27 St. Barnabas	

## Did you know...?

One of the major parts of the OPEN M mission is to feed the hungry. One of the impacts of the current economy is the reality of hunger in this area. We encounter on a daily basis people who come to OPEN M who are truly hungry.

### **OPEN M works to feed the hungry through several programs.**

- Our Food Pantry not only provides three days of emergency food for people each 60 days, but it also provides toiletries and supplies to those in need. The

pantry is open Monday through Thursday from 11:30 a.m. to 2 p.m. with clients needing to obtain a referral from Info Line (dial 2-1-1).

- A monthly Mountain of Food giveaway is held on the third Friday of every month except December from 9 a.m. to 11 a.m. People from Summit County are welcome.
- Hot Lunch is served the last two weeks of the month from 11:30 a.m. to 1 p.m. except in July and December. People from Summit County are welcome. We are still looking for groups willing to volunteer to buy, prepare, and serve hot lunch the last two weeks of the month.

There are many people who participate as volunteers in our pantry, during the Mountain of Food giveaway, and to prepare and serve the meals provided at our Hot Lunches. We are so thankful for all who are involved from churches, businesses and organizations in the community.

### **Did you know ...?**

- that during 2011, our food pantry provided a 3-day emergency supply of food to a total of 7,720 people or a total of 61,911 meals. Compared to 2010 we served 1,681 more people throughout the 2011 year;
- that during 2011, our food pantry distributed 204,923 pounds of food in our Mountain of Food giveaway to





- 2,664 individuals and families;
- that during 2011, churches and other groups prepared and served 15,319 meals to those in the community through Hot Lunch;
- that through our Committees of Hope, churches, businesses, organizations and individuals donated 41,857 pounds of food to maintain the shelves in the pantry.

**Providing from what we have to help people in need is a way we can show His love in action. We at OPEN M are committed to the mission of feeding the hungry so that we can show His love.**

## Benefit Concert for the Clinic

The House Popes will be hosting a benefit concert for OPEN M on Saturday, February 4, 2012, from 7:30 a.m. to midnight at Musica in Akron. Cover charge is \$10 if you have employer-subsidized health insurance, either through your own job or through a family member's job; \$6 if you do not have employer-subsidized health insurance. Money raised will go to support the OPEN M free health clinic.

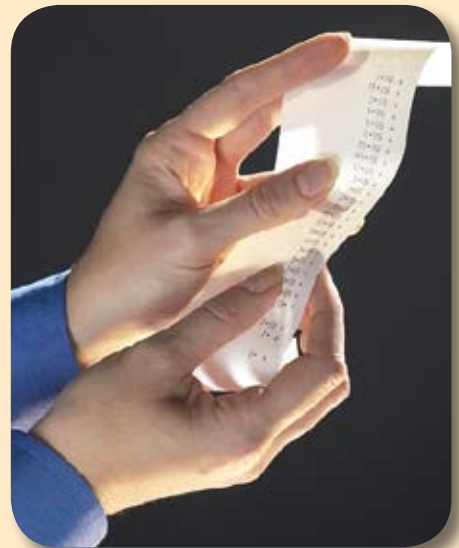
There will be five bands playing – the House Popes, Freez-r-burn, Peep, Wash Jones, and Scott and Hallies. The music being played will be rock n' roll, folk, indie, covers and original music. It is going to be a great night filled with music that will make you want to dance. **We hope you will come out to support OPEN M, we look forward to seeing you there!**



## ACME Fresh Market's Cash Back Program helps OPEN M

Shop at Acme Fresh Market and save your register receipt tapes dated September 24, 2011 through February 11, 2012. Ask your family, friends, co-workers and neighbors to shop at Acme and save their receipts, too! Receipts must have the words "Cash Back" and amount on the bottom of the receipt to be valid.

Then mail your receipts to OPEN M, 941 Princeton Street, Akron, Ohio, 44311, or drop them off. All receipts must be turned in by Monday, February 20, 2012, to be eligible for reimbursement. Acme Fresh Market will donate back to OPEN M five percent of the cash back amount printed at the bottom of the receipt. The cash back amount includes all Acme store brand merchandise purchases. These include, Acme Fresh Market, Academix, Domestix, Electrix, Food Club, Full Circle, Paws, TopCare, ValuTime, and World Classics products.



## OPEN M takes the Feinstein Challenge

For 15 years, Alan Shawn Feinstein has been giving away \$1 million each year to anti-hunger agencies. OPEN M participates in this exciting challenge every year. Therefore, we are turning this challenge to our donors. This is a wonderful opportunity to raise a substantial amount of money for OPEN M. Any donation sent to OPEN M from March 1 to April 30 with the words "Feinstein Challenge" in the memo portion of the check will be matched by the Feinstein money. The more donations we get the more of the \$1 million we will receive. Thank you for helping OPEN M alleviate hunger in Akron.

*“Let your light shine before men, that they may see your good deeds and praise your Father in heaven.”*

Matthew 5:16

### We owe our thanks to the following people:

- All the groups who provided hot lunch for the community in January
- Lee Eaton Elementary for donating 3 boxes of hats, gloves and scarves
- Karen Strewbridge for helping to keep our building clean and always willing to jump in to lend a hand where needed
- The OPEN M trustees for their support of our mission
- Printing Concepts for helping us with the vision of redesigning our lobby area
- Hudson Brownie Troop #301 for “homemade” Christmas cookies for OPEN M clients
- Reverend Sandy Selby OPEN M chaplain for her service and involvement with the OPEN M mission.
- Captain Sylvia Trundle for her support of OPEN M
- Harry and Fran Donovan for many years as volunteers in a number of ways including praying daily
- Sam Pillow and Mark Ford from National Day of Prayer and Love Akron for praying for OPEN M. The power of prayer is beyond reason.
- The following trustees for lending their expertise and leading our head committees: development committee- Scott Myers; finance committee - John Davis; health committee - Beverly Bokovitz; governance committee - Shawn Lyden; marketing and community outreach - John Murphy; properties committee - Dr. Eric Johnson; volunteer committee - Roxia Boykin
- Hannah Nitz for preparing her delicious chili as a treat during the education nutrition workshop
- The Getting Ahead group (Damon, Roberta, and Christina) for preparing a delicious homemade soul food holiday meal for our participants during our annual holiday celebration for the diamond ladies
- Mrs. Patrice Fox for making candles, soap on a rope, and scented body creams with the diamond ladies as gifts to distribute to their friends and families.
- Giant Eagle #4031 Barberton for their continuous donation of new paper and plastic grocery bags.

# THANK YOU TO OUR DONORS!

## OPEN M Donor List December 23rd through January 16th

The Rev. & Mrs. K. Lee Achmoody  
\*Akron Bible Church  
Akron Community Foundation  
Mr. & Mrs. Peter L. Anderson  
Anonymous  
Ms. Cynthia Ball  
Mr. & Mrs. Frank Barber  
Dr. William Bauman  
Mr. & Mrs. William Beattie  
Mr. & Mrs. David Bickel  
Mr. & Mrs. David Brennan  
Mr. & Mrs. Alan Burky  
Mr. & Mrs. Nicholas Carpas  
Mr. & Mrs. John Caulfield  
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Community Fellowship Ministries  
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Dayspring Foundation  
Rev. & Mrs. Doug Denton  
Ms. Lucille DeShon  
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Mr. & Mrs. Edward Esber  
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Mr. & Mrs. Thomas Farro  
The First Congregational Church, Hudson  
First Congregational Church-Akron  
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Mr. & Mrs. Everett Gibbs  
Dr. & Mrs. Gary Giorgio  
Mr. & Mrs. Robert Gower  
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The Patricia and J. Harvey Graves Family Foundation  
\*Greentown United Methodist Church  
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The Lubrizol Foundation  
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Ms. Sheila McCleary  
Mrs. Shirlee McMahon  
Mrs. Patricia Neely  
\*New Covenant Community Church, Inc.  
\*North Springfield Presbyterian Church  
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Mr. & Mrs. Wayne Rice  
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### GIFTS IN KIND

Nov. 8th through Jan. 16th

Mrs. Carol Adams  
Ms. Essie Adams  
Anonymous (4)  
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Mr. & Mrs. Brian Arnold  
Ms. Viola Bahm  
Mrs. Heidi Blinky  
Mr. Karl W. Boehm, Jr.  
Bridgestone/Firestone  
Brownie Troop #301, Hudson  
\*Christ Church Episcopal, Hudson  
\*Christ United Methodist Church  
Ms. Toka Clayton

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Earth Fare  
Echo Hills Elementary School, Stow  
Charlotte Ellison  
Fairlawn Area Chamber of Commerce  
\*Fairlawn Lutheran Church  
\*Family of Faith United Methodist Church, Akron  
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\*First United Methodist Church, Cuyahoga Falls  
\*First United Methodist Church Wine Class, Cuyahoga Falls  
Ms. Paula Fulmer  
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Victoria Gaffney  
Gardens of Western Reserve  
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Mrs. & Mrs. William Heilmeier  
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Ms. Harriet Herskowitz  
\*Holy Trinity Lutheran Church  
Hospice of Summa  
Hudson Family Practice  
\*Hudson United Methodist Church  
Ms. Jennifer Jackson  
Johnson Elementary School, Barberton  
\*Lakemore United Methodist Church  
Ms. Jacqueline Lattea  
Laurel Lake Retirement Community  
Litchfield Middle School, Akron  
Macedonia Boy Scouts  
Dr. Joseph Marino  
Mrs. Shirlee McMahon  
Mrs. Terry Meinen  
Mr. Martin Miller  
Montrose Sleep Center  
\*Montrose Zion United Methodist Church  
Lenny Morella  
\*Oak Hill Presbyterian Church  
\*Peninsula United Methodist Church  
Penney Real Estate Co.  
Phi Chapter Delta Kappa Gamma  
Mr. Larry Randall  
Mrs. Gertrude Reichelt  
Reville Tire Company, Northfield

Judith A Resnik CLC  
Elementary School, Akron  
Sam Salem CLC  
Elementary School, Akron  
Schlabig Certified Public Accountants  
Mr. Tom Schoemaker  
Mrs. Ken Sexton  
Ms. Elizabeth Smith  
South Akron Boards of Trade  
Sandy Stanley  
Stow-Munroe Falls High School Basketball Team  
\*St. Hilary Catholic Church, Fairlawn  
\*St. Luke's Lutheran Church, Cuyahoga Falls  
\*St. Paul's Episcopal Church, Akron  
\*St. Philips Episcopal Church, Akron  
Mrs. Robert Svenson  
Ms. Donna Swartz  
\*Tallmadge United Methodist Church  
Tasty Pure Food Co.  
Trisha Tipping  
Truly Reaching You, Inc.  
Ms. Linda J. VanScyoc  
Violet's Cupboard  
Wayne Homes  
\*Woodland United Methodist Church  
Mr. Ron Workman  
Mr. Donald Zickle

+Community Partners  
\*Covenant Church

### In Honor Of

Mal and Sue Ames  
by

Mr. & Mrs. Philip C. Ames

### In Honor Of

Alice Bergstrom  
Janet Das Varmas  
Sandra Dawson  
Jean Foust  
Robbin Harvey  
Froncie Repetti  
Sylvia Yankey  
by  
Ann Brennan

### In Honor Of

Wayne & Jan Rice  
by  
Mr. & Mrs. David Canan

### In Honor Of

Patrice Fox  
Kristina Holwerda  
Linda Fontanna  
Alicia Francisco  
Tammi Seever  
by  
Dr. & Mrs. Roger Chaffee

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Mr. & Mrs. William E. Glaeser

### In Honor Of

Mal Ames' Birthday  
by  
Ms. Betty J. Oberdorfer

### In Honor Of

Tamie Fox  
by  
Ms. Diane Stegkemper

### In Honor Of

Dave and Reanetta  
by  
Mr. & Mrs. Michael Taylor

### In Honor Of

Ron and Norma Swank  
by  
Alan & Terry Swank  
David & Clare Swank  
Alison & Steve Thompson

### In Honor of

The OPEN M Staff  
by  
Dottie Achmoody

### In Memory Of

Betty Williams  
by  
Ms. Dorothea Douds

### In Memory Of

Jo Ann McClaskey  
by  
Wayne Homes East Central

### In Memory of

Ruth Tice  
by  
The Bruce Graham Family  
The William Heilmeier Family

# Scenes from 2011



**OPEN M**  
A Ministry of Faith, Health and Hope



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## **IMPORTANT DATES**

**Saturday, February 4, 7:30 p.m.**  
**Benefit Concert at Musica**  
**in Akron**

**Saturday, February 11, 9 a.m.**  
**Annual Membership Meeting**

**Friday, February 17, 9 a.m. – 11 p.m.**  
**Mountain of Food**

**Monday, February 20**  
**Office Closed Presidents Day**

**Saturday, March 10, 9 a.m.**  
**Membership meeting**

## What our patients have to say about OPEN M and our free health clinic:

.....  
*"Thank you for all that you have done for us this past year. Your kindness and generosity and love have been a blessing to us and I am sure to others."*

*"I appreciate you being there when someone needs help."*

*"I like OPEN M. You take good care of us and give us a lot of assistance. The volunteers there are as nice as can be and in the three to four years of going to OPEN M, never has anyone been rude to me. I told my friend who is low income and has a medical need to come and check them out. I know that they can help you."*

*"Thank you so very much for the care you have given me over the past two years. The OPEN M free clinic is literally a lifesaver. The volunteers and staff are the friendliest people around. I was very inspired by your story in the latest newsletter and I will contribute as soon as I can. You are worth it."*

*"This place and all of you are a blessing."*

*"OPEN M does a fantastic job for us people who need help."*

*"It is so nice to be able to go into a place that treats me with such respect and love."*